



Direct Line

Capt. Joe Stuyvesant
NASSIG
Commanding Officer

I have been your Commanding Officer for two months now and I have seen a lot of changes in the lives of our Sailors and their families. I see our Sailors taking pride in the way they look and they way handle their jobs day to day. The new chief selects were able to pick out their new khakis during a breakfast at the NAS II Mini-Mart hosted by the Navy Exchange. With their transition from blues to khakis, their lives will change as well. They will be known as the Chief. Division officers will tell their people to "go ask the Chief." It's a major transition for a Sailor and their family.

Author and University of Southern California professor Leo Buscaglia once said, "Change. It has the power to uplift, to heal, to stimulate, surprise, open new doors, bring fresh experience and create excitement in life. Certainly it is worth the risk."

Change is good. In order to make some changes, you must be willing to do so. The September advancement exams will begin next week. I encourage all of you eligible to study hard and take the test. These tests offer our Sailors the ability to advance, earn more pay and other benefits. However, if they advance, it gives our Sailors a higher degree of responsibility as well. A petty officer second class making first class is a milestone but with it becomes the responsibility of being a leader possibly becoming the LPO. He will become the subject matter expert that will set the course for the department.

The E-6 exam will be held on September 2, E-5 exam will be September 9 and the E-4 exam will be held on September 14. Please show up in the proper uniform and bring your ID card. If you have any question about taking the exam, please call Education Services at 624-6397.

Good luck to you all.

HEALTHWATCH

Hand, Foot, and Mouth Disease (Coxsackievirus)

Courtesy USNH Sigonella

You notice small blisters and red dots on your child's hands, feet or mouth; what do you do now? This is commonly called hand-foot-mouth (HFM) disease. It has been described as "the common cold with a rash."

Three to five days after being exposed to the disease, it typically starts with cold-like symptoms that last about three to five days. The full infection with HFM also has sores, curiously enough, on the hands, feet and mouth. The sores on the hands and feet are usually somewhat oval shaped flat blisters that don't appear to hurt. The ones in the mouth start off as blisters in the back of the mouth and then they rupture and form ulcers for a few days. The skin rash may last for seven-10 days. Most kids with HFM aren't too sick, although some fever and the sores in the mouth can bother them. Occasionally, you'll find sores on the buttocks too.

HFM primarily affects young children, but anyone can get it, even adults. Most cases occur in the summer and early fall. Outbreaks may occur among groups of children or adults who gather in

a common area (e.g. schools or child care centers).

The virus is spread primarily through contact with bodily secretions of ill persons, usually on the hands or face or on toys.

The virus is NOT spread through water so swimming after or near ill persons is not likely to spread the disease unless you come in direct contact with active secretions.

The greatest communicability is during the acute phase of illness when people are feeling ill. Persons who feel ill or are experiencing cold-like symptoms should minimize contact with other people and avoid swimming.

What is the treatment for Hand Foot and Mouth Disease?

There is no specific treatment for the virus that causes hand, foot, and mouth disease. The whole thing only lasts a few days and goes away spontaneously. Antibiotics do not help.

How do I prevent getting the disease?

By following a few key safety rules, you can help prevent and control the spread of hand, foot, and mouth disease:

- Wash hands well, especially after going to the bathroom, changing diapers and handling diapers or other stool-soiled material
- Cover the mouth and nose when coughing or sneezing
- Wash toys and other surfaces that have saliva on them

• Children should be excluded from child care or school settings if there is a fever and/or ulcers in the mouth.

• If blisters/lesions are open and weeping, children should be excluded from child care settings until the blisters are dried and crusted

What should I do if I think someone in my family might have Hand Foot and Mouth Disease?

This information is not intended to be used for self-diagnosis or as a substitute for consultation with a health care provider. If someone is concerned that they may have this disease please schedule an appointment as soon as practical with their Primary Care Provider. The clinic phone number for family members is 624-4622. The Flight Line Clinic phone number for active duty is 624-5455.



CRIMESTOPPER'S HOTLINE
624-6389

Aug. 16 — Aug. 22

The following incidents were reported and categorized as follows:

- Traffic accidents without injuries - 4
- Traffic accidents with injuries - 1
- Car break-ins - 4
- DUI - 0
- DUI's 2004 - 19
- DUI's 2003 - 58

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Traffic safety

There were 25 tickets issued between Aug. 14 and Aug. 21. The violations break down as follows:

- (1) Violation 17: Speeding over 20 miles per hour above posted speed limit
- (5) Violation 20: Speeding 1 to 10 miles per hour above posted speed limit
- (2) Violation 26: Failure to obey traffic signals or traffic instruction of an enforcement officer or traffic warden; or any official regulatory traffic sign or device requiring a full stop or yield right of way, denying entry; or requiring direction of traffic:
- (16) Violation 32: Other moving violation
- (1) Violation 39: Speed too fast for conditions

NJP Results

E-3

Violation of the UCMJ Art. 86 (Unauthorized Absence), Art. 111 (Drunken operations of a vehicle) and Art. 134 (Drunkenness - incapacitation for performance of duties through prior wrongful indulgence in intoxicating liquor).

Awarded restriction to the limits of U.S. Naval Air Station Sigonella (NAS II) for 45 days, extra duties for 45 days, forfeiture of \$668 pay per month for two months and reduction to next inferior pay grade.

I am an "addict"



By Thom Dansak
Command Chaplain

My name is Chaplain Dansak and I am an "addict." I have suffered with this problem for years. I slid into it as a child and have found it difficult to eliminate totally from my life. Even at my present age, I slip every now and then. My addiction? I am an "excuse maker/blame passer."

I started like most addicts. As a child, I would break something and say, "Danny did it!" Danny was my brother. I would not do homework and found it easy to delay the wrath of Sister Vincent by saying "I left it at home, honest, Sister." I would plead a case with police officers on an occasion or two claiming speedometer malfunction in hopes of avoiding a speeding ticket. So often, it seemed easier to stretch the truth or shift the blame to excuse myself from responsibility...I forgot; I didn't feel well; I couldn't help myself; it was someone else's fault.... After doing this enough, I was hooked.

I am not alone in this addiction. There are many who suffer from excuse making/blame passing dependency. Many people prefer to offer a good excuse for a bad choice instead of taking the time to think things through to make a better choice. Many are quick to defend a bad choice or blame others for it instead of accepting full responsibility for these actions and words: "I would not have done this if my spouse didn't do that." "I had to fight him because of what he said." "I wanted the CD and didn't

have the money so I took it. After all, the Exchange makes lots of money and it wouldn't miss this 15 bucks"

I began to realize that this "excuse making/blame others" addiction flowed from a flaw that seemed common to all of us. It is that character flaw that wants to believe we should be allowed to do whatever we feel like doing and if it should create a problem, then we have a right to pass the blame to another person or circumstance so as to "absolve" ourselves. How many problems and altercations with authority or family members can be reduced to this simple belief: I have the right to do or live as I please without regard for others.

I will admit that I am doing much better with my dependency. To get to where I now am, I had to accept a few simple truths. First, just because I think something is OK does not make it OK. I now remember to consider other aspects. Is this the right thing to do? The best thing to do? What are some potential consequences? What if everyone did this? And second, I struggle to own all my words and my choices as well as everything that happens as a result of them. Many of these consequences are unintended, but they still belong to the choices I made.

So, if you are a fellow addict, the road to "recovery" is open to you, too. It begins with the first step: admitting the behavior. From then on it becomes easier to beat the addiction. Take more time to consider your words and actions. And second, take full ownership of your decisions as well as the consequences that flow from them. By doing this, we can, all of us, move forward on the road to full recovery and become the mature and great people God created us to be.

NAS Sigonella Worship Opportunities

Catholic Mass
Saturday 5 p.m. Chapel (NAS II)
Sunday 9 a.m. Chapel (NAS I)
Sunday 9 a.m. in Italian 41*
Stormo Chapel (NAS II)
Sunday 11 a.m. Community Center (Minceo)

Protestant Traditional Service
Sunday 11 a.m. Fellowship Hall (NAS I)

Protestant Worship
Sunday 9 a.m. Community Center (Minceo)
Sunday 10:45 a.m. Chapel (NAS I)

United Pentecostal Church, International
Sunday Noon Chapel, (NAS II)

Church of Jesus Christ of Latter Day Saints
Sunday 1 p.m. Chapel (NAS I)

Church of Christ
Sunday 3:30 p.m. Chapel (NAS I)

Jewish Shabbat Service
Last Friday of the month 5 p.m. Chapel (NAS I)

Muslim Jumuah
Friday 12:30 p.m. Chapel (NAS I) Classroom

Weekdays
Catholic Mass 4:30 p.m.
Monday & Tuesday
11:30 a.m. Thursday & Friday (NAS I)
Monday thru Thursday at 11:30 a.m. (NAS II)
Wednesday Protestant Bible Study
4:45 p.m. (NAS II Chapel)
5 p.m. (NAS I Chapel)
For more details, call 624-4295 or 624-9049.

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NAVY NEWS

NKO transitions, updates to phase II

By JO2 Kimberly Rodgers,
Navy News Service

WASHINGTON (NNS) — The Navy's centralized portal for information, Navy Knowledge Online (NKO), is currently transitioning to its second phase.

Along with adding new features to the existing communication and professional development tools, the update will restore the NKO library, leaving only valid files for Sailors and administrators to make use of.

Chief of Naval Reserve Vice Adm. John Cotton said NKO is the central location for exchanging the best ideas and practices, which can perpetuate positive changes in the Navy.

"This is the first place to go for Navy resources. We want Sailors to contribute; we want them to take ownership of their own Navy. We want them to have the ability to make suggestions to help improve the Navy," said Cotton. "The active component and the Reserve component have had different Web pages. We're putting them in a central repository, so it's one Web site you can visit to find out anything about the Navy."

With more than 300,000 registered users, and instant access to the knowledge and experience of their peers across the globe, NKO has quickly become the Navy's premiere

tool to accelerate learning and growth, as it becomes more of a learning organization. Through virtual communities, Sailors are able to prepare for advancement, obtain a wealth of career information, network and utilize an array of helpful options using NKO.

"Connecting people to people and knowledge to knowledge creates a learning environment," Cotton said. "People begin to trust their counterparts no matter if they are active or Reserve. We are all Sailors serving in one Navy, learning from each other."

As NKO moves to its Phase II cutover in September, Sailors will have increased access to the already innovative NKO. The NKO Library will be migrating valid file content from Personal and Teams areas through Aug. 31. Personal and Teams file content that is no longer valid or relevant will be deleted from NKO Phase II.

"Going to Navy Knowledge Online is so important for the future," Cotton said. "For the first time, we're gathering all of these resources together — a place for Sailors to go." Communicating the imperative for change and making our leadership committed to educating our Sailors and letting them know these resources are available to them...we want their input, we want them to have the ability to make suggestions. Through NKO, this is how we can bring our knowledge together, which can be better than any single idea."

Submarines vital to Navy's fleet response plan

By JOC (SW/AV) David
Rush, Commander,
Submarine Force, U.S.
Pacific Fleet Public
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Mark Piggott,
Commander, U.S. Naval
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Public Affairs; and JO3
Steven Feller,
Commander, Navy
Region Northeast
Public Affairs

NORFOLK, Va. (NNS) — The submarine force surged and deployed 17 submarines and a submarine tender in support of Summer Pulse '04, the Navy's first exercise under the Fleet Response Plan (FRP).

Summer Pulse '04 tested the full range of skills involved in simultaneously deploying and employing carrier strike groups around the world. Under the FRP, the Navy can provide six Carrier Strike Groups in less than 30 days to support contingency operations around the globe.

According to Vice Adm. Kirkland H. Donald, commander, Naval Submarine Force, submarines provided a significant portion of the credible combat force during Summer Pulse '04, and demonstrated the ability to quickly surge significant combat power across the globe by operating in multiple theaters with other U.S., allied and coalition forces.

"Surge deployments in support of the Fleet Response Plan and Summer Pulse '04 are historical demonstrations of the Navy's ability to efficiently provide combat power to meet any challenge," Donald said. "Every submariner and those who support submarine operations is contributing to the Navy's combat force."

According to Rear Adm. Paul F. Sullivan, commander, Submarine Force, U.S. Pacific Fleet, submarines have proven to be instrumental in implementing the FRP.

"At any given time, roughly eight out of 10 of the Navy's submarines are able to respond to emergent fleet requirements," Sullivan said. "The increased surge readiness has already been used in multiple cases this year to fulfill vital 7th Fleet operational commitments, including the surge deployments of USS Columbia (SSN 771), USS Salt Lake City (SSN 716) and USS Honolulu (SSN 718), twice in Honolulu's case."

In addition to the attack submarines homeported in Hawaii, USS San Francisco (SSN 711) and USS City of



The Los Angeles-class submarine USS Albuquerque (SSN 706) surfaces in the Atlantic Ocean while participating in Majestic Eagle 2004.

Corpus Christi (SSN 705), stationed in Guam under Submarine Squadron 15, provided added flexibility to the FRP and surge requirements.

In the Atlantic, 10 submarines were deployed to four areas of responsibility, exemplifying the concept of surge readiness. USS Albuquerque (SSN 706) and USS Miami (SSN 755) both deployed during different phases of their Fleet Readiness Training Program. Four months after returning from a six-month deployment with the USS Enterprise (CVN 65) Carrier Strike Group (CSG) to the Persian Gulf, Miami surged with the Enterprise CSG again during Summer Pulse '04. Albuquerque was two months into her Pre-Overseas Movement process, preparing for a deployment in the fall, when the surge order came.

"I think the FRP worked fine from a submarine force perspective," said Albuquerque Commanding Officer, Cmdr. Stuart B. Munsch. "We're usually ready at any time when they call upon us, and this is a good illustration of the number of boats that are able to get up and go."

According to Vice Adm. Michael McCabe, commander, U.S. 3rd Fleet, the ability to return from a deployment, make necessary repairs, and be ready to go back into harm's way is something that the Navy, and in particular, attack submarines, are very capable of doing.

"We've tightened up our whole approach to rotation of equipment and personnel and training," McCabe said. "This is to be both more efficient from a financial standpoint and more responsive from a deployability standpoint, to offer the leadership of the country, the president, the opportunity to have forces available to him more rapidly."

Officials committed to helping military members vote

By Kathleen T. Rhem,
American Forces Press Service

WASHINGTON (NNS) — Defense officials are committed to ensuring military members have the ability to vote from anywhere in the world. DoD's top personnel officer said.

"We're making a decided effort to make sure everyone gets the chance to vote," said David S. C. Chu, undersecretary for personnel and readiness, in an interview with American Forces Press Service and the Pentagon Channel.

Voting assistance officers are available on military installations and in units to assist service members in finding information for their home states and districts. These officers can help them register to vote and request absentee ballots.

The U.S. Postal Service has committed to sending voting materials to and from military members overseas via express

mail, Chu said. "This year the post office is going...to expedite the movement of absentee ballots...to help us be sure they get out there in time and to get back and get counted," he said.

DoD has designated two specific weeks to raise awareness of issues facing military voters specifically, and more generally, everyone who must vote by absentee ballot. The week-plus timeframe Sept. 3-11, which includes Labor Day, has been designated Armed Forces Voters Week. Columbus Day week, Oct. 11-15, will be Absentee Voting Week.

A Defense Department spokesman explained voting assistance officers will redouble their efforts to get information to potential voters during these weeks. Commanders and supervisors will also highlight the importance of voting and options available to troops.

Vote, page 8

Sexual Assault Victim Intervention

SAVI offers a Sexual Assault Hotline staffed with trained Advocates who man the SAVI Hotlines 24/7. The number is 335-642-8312 or 335-606-6146.

CNO discusses Navy's journey into future during Groton visit

By JO3 Woody Paschall,
Naval Submarine Base New London Public Affairs

GROTON, Conn. (NNS) — Chief of Naval Operations (CNO) Adm. Vern Clark visited "the first and finest" of the submarine force Aug. 17 during a trip to Navy Region Northeast headquarters and Naval Submarine Base (SUBASE) New London, Conn., Aug. 17.

During his visit, the CNO spoke to Commander, Navy Region Northeast (CNRE) leaders, local commanding officers (CO) and command master chiefs (CMC), and he toured USS Albuquerque (SSN 706) and PCU Jimmy Carter (SSN 23) at General Dynamics Electric Boat of Groton, Conn.

After speaking to COs, CMCs and chiefs of the boat, Clark praised the performance of the submarine force during Summer Pulse '04, a test of the Navy's new Fleet Response Plan that sent seven carrier strike groups "surge"-deployed around the world this summer. Two SUBASE New London submarines took part in the operation — USS Miami (SSN 755) and USS Albuquerque (SSN 706).

"Albuquerque, along with the USS Harry S. Truman (CVN 75) strike group was fresh out of the maintenance cycle, so they were what we would call emergency deployers," said CNO. "We were testing this concept, and they performed brilliantly."

Clark also pointed to the changing and increasingly important role the submarine force will play in the future Navy, with their ability to influence events during the pre-hostilities phase of future conflicts.

"We created new roles for submarines in the creation of the expeditionary strike groups operating with the Marines, and with the amphibious forces to be able to project more offensive punch with the Tomahawk capability, and the surveillance capabilities the submarine forces bring to bear," CNO said.

"That is what tomorrow is about for the U.S. Navy — the ability to project credible combat power to the far corners of the earth, demonstrating the sovereignty of the United States of America, options for the president anywhere at anytime, around the world and around the clock. That's what Summer Pulse '04 was demonstrating," Clark said.

Earlier in the day, Clark spoke to CNRE leaders to get ideas on new ways the Navy can operate more effectively and efficiently.

In an interview later, he said these visits are vital because Navy Region commanders are responsible for large investments of Navy resources. Meetings with Echelon II and III commanders are where effectiveness and efficiencies are sought out and identified.

"We're on a journey. The journey started with regionalization a few years ago. This was how we decided to become more productive and more effective," said Clark. "Commander, Naval Installations (CNI) and the regional commanders are now responsible for reducing redundancies throughout all our installations."

CNI, which stood up almost a year ago, and Navy Regions are part of the Navy's Sea Enterprise initiative, which has accounted for more than \$40 billion in savings for the Navy thus far. CNO said Sea Enterprise helps the Navy redirect these and other resources to help create the Navy needed in the 21st century.

As Clark spoke about the effectiveness of CNI, the regions and the ships of the fleet, he noted that what makes the future of the Navy possible is the institution's most valuable resource — Sailors.

"We can have the greatest technology in the world, and we do," CNO said. "But none of it matters without the genius of our people."

His personal project for his fifth year in office is developing a 21st Century Human Capital Strategy to grow and develop the Navy's future leaders, and ensure the Navy is prepared to meet the challenges ahead.

"We are examining — not just for Sailors, but for active and reserve, officer and enlisted, for the civilian sector and the contractor segment — what the right mix of individuals that creates the right capabilities for us in the future, and how do we compete in the manpower marketplace of the 21st century. That causes us to challenge our assumptions of where we are today."

"I believe we are living in incredible times, a great time to serve, and that in the years to come, we will look back on this time and we will call this one of the most important times in our history," said Clark.

News Briefs

SDS bus passes

School bus passes and the School Bus Newsletter may be picked up from the school Transportation Office starting Aug. 30 from 8 a.m. to noon and 1 p.m. to 5 p.m. Previously issued passes are obsolete and should be returned to the school transportation office.

SDS new student orientation

Stephen Decatur Secondary School will hold a new Student Orientation on Thursday, Sept. 2 at 9 a.m. in the Information Center for grades 6 through 12. For more information call 624-4282.

AOSC Tea

The All Officer's Spouse's Club would like to welcome all of its new community members and to say, "welcome back" to old friends who have been here for a while.

The 2004-2005 Welcome/Membership Tea will be held Thursday, Sept. 9 from 4:30 until 6:30 p.m. in the Chapel Fellowship Hall.

Please come and meet new friends, learn who might share your interests, or just catch up after the long summer! RSVP not required.

For questions or to RSVP, contact Maria Davis at mjdavis123@hotmail.com or 624-1231.

NEX Job Fair

The Navy Exchange is having a Job Fair on Aug. 27 from 1 p.m. to 4 p.m. The Exchange will be conducting on-the-spot interviews for the NEX Main Store and the Mini Mart at NAS II. Full-time, Part-time, and Flex positions will be offered.

The NEX Job Fair will be held in the Administrative Conference Room located on the second level of the Exchange. (U.S. positions only) Call 624-4278.

Single Sailor Dinners

Enjoy A Good Home-cooked Dinner

For Single Sailors, Sundays 5:30 p.m. at the NAS I Chapel Fellowship. The dinners are provided free of charge.

Disclaimer: we cannot be held responsible for any weight gain as a result of these delicious meals.

Attention youth soccer players

Soccer players ages (10-12) male and female.

Anyone interested in playing competitive soccer this fall is asked to contact Jim Burke at 624-5116(W) or 624-0214(H) for further details.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>COMMUNITY CALENDAR</div>					27 August	28 Catania by Night & Wine Tasting ITT Call 624-4777
						28 Marzamemi Boat Tour Adventures Unlimited Call 624-4271
29 Single Sailor Free Dinners 5:30 p.m. NAS I Chapel	30 Cooking Class FFSC Bldg 319 9:30 a.m. to 3 p.m. Call 624-4291	31 Sept.	1	2 E-6 Exam 6:45 a.m. NAS I Gym Call 624-6397 for more information	3	4 Castle Tour ITT Call 624-4777
5 Single Sailor Free Dinners 5:30 p.m. NAS I Chapel	6 Labor Day Observed	7 First day of School for Stephen Decatur School	8 Mistretta & the Festival of Giants ITT Call 624-4777	9 E-5 Exam 6:45 a.m. NAS I Gym Call 624-6397 for more information	10 Patriot Day Ceremony 8 a.m. at the flag poles on NAS II	11 Patriot Day
12 Community Flea Market 10 a.m. to 2 p.m. NAS I Gym Call 624-5271	13	14 E-4 Exam 6:45 a.m. NAS I Gym Call 624-6397 for more information	15	16	17 Acireale & Shopping ITT Call 624-4777	18 Sig on Display NEX Parking Area 11 a.m. 5 p.m. Call 624-5271
Sat., Aug. 28		Sun., Aug. 29		Mon., Aug. 30		Tues., Aug. 31
Witness the spectacular sights of Palermos such as the grand cathedral, explore the catacombs and visit Monreale's majestic church adorned with mosaics in biblical themes. Then relax at Mondello beach. Call ITT at 624-4777 for more information.		Witness the beauty of Lipari, one of the seven Aeolian Islands. Board a tour bus to explore the island. Make stops for a Malvasian wine tasting and lunch at a typical restaurant. Also visit the archeological museum and see the castle with its wonderful view of the sea and old town. Call ITT at 624-4777 for more information.		Stop by the Crater Pub for some BINGO action. Cards go on sale at 5:30 p.m. and early-bird games start at 6:30 p.m. Cash prizes for winners.		The Crater Pub has some Tuesday night action for you. Be the first to make all 15 balls in 16 shots and win a prize in their Billiard Contest.
Fri., Aug. 27 Stop by the base MWR theater for a Summer Matinee. Take advantage of reduced matinee prices all summer long. Call 624-4216 for more information.						Stop by the Crater Pub for a Nine Ball Pool Tournament at 7 p.m. You could win a classic "Dead Stroke" t-shirt.



Seatbelt campaign pays off for USS Boxer Sailors

By Ken Testorff, Naval Safety Center

"Click It or Ticket," a twice-yearly national campaign of intense enforcement of seat belt laws, has paid off for at least one set of Sailors. IT2 Tom Ruiz and shipmates from USS Boxer had just attended a "Click It or Ticket" presentation before a recent mishap, and the message paid off.

While making a left turn at an intersection in a neighborhood, IT2 Ruiz noticed another vehicle approaching from the opposite direction at a high rate of speed. Unfortunately, he misjudged the closure rate, and the other driver didn't see the Sailor's car until it was too late. The two cars crashed shortly after the other driver crested a rise in the road.

The only injury occurred when a cooler bounced forward and hit a second-class petty officer who was a passenger in IT2 Ruiz's car. She suffered a concussion and lost two workdays.

Thanks to the law-enforcement officials who gave the "Click It or Ticket" presentation, to USS Boxer for arranging attendance, and to IT2 Ruiz who checked to make sure all occupants wore seat belts, this incident was only a minor fender-bender, instead of a major crash and a step in the wrong direction during the 50% mishap-reduction campaign.

The ship's safety officer, Lt. Cmdr. Pete Zameska, said, "Disaster lurks just around the corner anytime people let complacency take over in a low-risk environment. No one plans for a crash, but objects in automobiles that aren't secured can become deadly missiles when a crash occurs. Asking the ORM questions, 'What can hurt me?' and 'What can I do about it?' might have allowed all the occupants to walk away without injury."

"Click It or Ticket" is conducted twice yearly by the National Highway Traffic Safety Administration (NHTSA) and the National Safety Council, along with state highway safety offices, the National Transportation Safety Board, and more than 12,000 law enforcement agencies in communities across the country. Navy commands are becoming increasingly involved in the effort, which targets 18-to-35-year-old males. The first "Click It or Ticket" in 2004 ran from May 24, 2004, through the Memorial Day holiday. The second thrust will occur in November.

About the 50 percent-Mishap-Reduction Campaign: On May 19, 2003, the Secretary of Defense challenged DoD to achieve a 50-percent, across-the-board mishap reduction by the end of FY05. In fiscal year 2003, mishaps killed 106 Sailors, and cost the Navy \$737 million in equipment damage and lost resources. Of the mishap cost, \$694 million was in aviation mishaps. Sixty-six of the deaths were on the highway. The mishap-reduction challenge aims at 10 targets. Four involve Class A mishaps (which cause \$1 million or more in damage, destroy an aircraft, kill someone, or leave someone totally disabled); total operational, aviation (which alone accounts for 94 percent of the costs), afloat and ashore. Four other targets involve fatalities: traffic (which accounts for more than half the total deaths), off-duty, afloat and aviation. The other two are the number of destroyed aircraft and civilian lost-time injuries.

Base Housing Yards of the Month

205 Housing

4/04 AEC(Sel) Patrocky

5/04 BU2 Baranowski

6/04 BU1 Swartz

7/04 CM3 Tillman

Marinai Housing

4/04 BUC Neal

5/04 MM1 Ross

6/04 MTCM Lader

7/04 GM1 Paustain

Mineo Housing

4/04 CM2 Long

5/04 AE2 Crago

6/04 ADCS Vine

7/04 GM1 Lee



Sandra Peterson, Housing director, awards Mrs. Lee.



Sandra Peterson, Housing director, awards CM3 Tillman.



By Alberto Lunetta
Signature Staff

Italian News

Sicilian culture and lifestyle

Noto celebrates St. Conrad Festival

On Aug. 29, Noto, an enchanting Baroque city that has been recently placed on UNESCO's List of World Heritage, will celebrate *San Corrado* (Saint Conrad), its patron saint, with a vivid religious festival. This is one of the traditional four *feste* (festivals) honoring *San Corrado* taking place in this beautiful *città* throughout the year.

Tradition

Saint Conrad has been venerated in Noto since 16th century. In 1515, Pope Leo X permitted the town of Noto to annually celebrate a *San Corrado* festival on the anniversary of his death. Hundred and fifteen years later, Pope Urban VIII proclaimed him a saint.

The strong devotion and gratitude shown to *San Corrado* by the Noto community is due to the intercessions that he granted them on several occasions throughout the centuries. One of them concerns the miracle that *San Corrado* worked in 1855 when Noto residents summoned him to protect the town against a deadly cholera epidemic. According to tradition, *San Corrado* interceded and the city was spared by the illness.

Yet tradition holds that, in 1943, World War II bombings spared Noto as granted through the intercession of *San Corrado*. The mayor of the time also promised he would offer a candle every year to thank him.

Life of San Corrado

According to legend, *Corrado Confalonieri*, a wealthy aristocrat, was born in Piacenza in 1290. *Corrado* loved hunting. One day in 1313, an episode changed his life. During his usual pastime, *Corrado* ordered his attendants to set fire to some bushes to flush out game. But a prevailing wind caused the flames to spread rapidly, devastating nearby

fields, forests, towns and villages. *Corrado* fled panicking. An innocent peasant was accused of being the perpetrator. Thus, he was tortured to confess a crime he did not commit, and eventually sentenced to death. As the poor man was ready to be executed, *Conrad* was stricken with remorse and confessed his guilt saving the poor man's life. Because of his noble origins, *Corrado* spared death penalty. But he had to sell all his possessions to pay for the damaged property. Thus, *Corrado* became poor and retired as a Franciscan monk to a lonely hermitage near Piacenza, while his wife entered the Order of Poor Clares. Later, he went to Rome to meet with Pope and eventually to Sicily. There, he settled in the Noto Valley, where he led a penitential life for thirty years using a cave for meditation. According to tradition, *Corrado* worked several miracles during his long hermitage. A legend tells that the most famous miracle occurred when the Siracusa Bishop visited *Corrado* in his humble home. When the Bishop asked *Corrado* if he had anything to offer to his guests, the hermit replied he would check in his cell. Right after, he came back bringing some fresh bread out of the oven. Therefore the bishop became convinced that *Corrado* was a saint.

Festival Schedule

On Aug. 29, the Festival starts with a Holy Mass celebrated by the Noto Bishop at 10 a.m. Church of *San Carlo al Corso* that is located in corso Vittorio Emanuele opposite to the Cathedral that is currently under restoring. The City Band performs at 9 a.m. and at noon. Later in the



The traditional *Cili* parade is one of the highlights of the Saint Conrad's festival that will be held on Aug. 29 in Noto, one of the most beautiful Baroque cities in Sicily. *Cili* are finely decorated devotional iron bowls supported by a tall wooden stick, which contains a candle.

afternoon, the *Arca*, a silver urn containing the saint remains, is carried shoulder high along the streets

of Noto historic center. The procession begins at 7 p.m. from the Church of *San Carlo al Corso* and proceeds throughout the historic heart of the city. In the evening at 9 p.m., a spectacular symphonic concert will be held in the historic center. Giovanni Manuella, a Sicilian architect, designed the *Arca* in 1525. Throughout the centuries, several generations of Sicilian goldsmiths and silversmiths added fine decorations to the original model. The urn was eventually completed in 1848. The *Arca* is 6.2 feet tall and 24 inches wide. It weighs 880 pounds. It contains the saint's body and it is usually kept inside the Noto cathedral. After the 1990 earthquake, the *Arca* was moved to the nearby Church of *San Carlo al Corso* as the cathedral was damaged by the tremors. It will be preserved there until the cathedral will be restored.

Members from the local *Confraternite* (Confraternities) bring the traditional *Cili* and banners in procession while they are dressed in traditional costumes. A continuous stream of more than 4000 people follows the procession. *Cili* are decorated iron bowls supported by a tall wooden stick, which contains a candle. They have been symbolizing the devotion shown to the saint after the fulfillment of a vow or pledge since the 1500s. Some fervent devotees still perform the traditional *Viaggiu Scausu* or "Barefoot Itinerary." A proof of devotion and physical resistance, it consists of following the procession barefoot. Some residents of the surrounding cities walk up to 15 miles to reach Noto and take part in the procession. For more info contact the Noto Tourist Office at 0931-573779.

Harp and string concert

On Aug. 28, a series of concerts featuring classic and celtic harps and strings will be held at the Nelson Castle in Maniace at 9 p.m. For more information please call 333-70-56-935.

Word Find

Believe Me!

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ACCEPTANCE	CREDENCE	IMPRESSION	RELIANCE
ADMISSION	CREDO	INTUITION	SURMISE
ASSENT	DEDUCTION	JUDGEMENT	SUSPICION
ASSUMPTION	DIVINATION	KNOWLEDGE	THEOREM
ASSURANCE	DOGMA	MINDSET	THEORY
AVOWAL	EXPECTATION	NOTION	THINKING
CERTAINTY	FAITH	PERSUASION	TRUST
CONCLUSION	FEELING	POSITION	UNDERSTANDING
CONFIDENCE	GOSPEL	POSTULATION	
CONJECTURE	GUESS	PRESUMPTION	
CONVICTION	HYPOTHESIS	PROFESSION	

Stephen Decatur Elementary School Notes

Welcome Back Etna Knights.

We are excited to see the children for our new school year. New and returning staff will be participating in staff development Aug. 25 through Sept. 3 with children in grades 1-5 returning Sept. 7. All registered parents should have received an informational package in the mail. New parents will receive this when arriving to register. If you have not received this package, please call our school office at 624-3002. It contains specific information needed for a smooth start to the school year.

Important dates to remember

Kindergarten orientation will take place on Sept. 2 at 10 a.m. in the multipurpose room in building 220. Kindergarten students will have VIP days that will run Sept. 8 through 10. Your child will attend one of these days. Parents will be given their child's VIP day on orientation day. The VIP day is a time for the children to be with a small group of their peers and teachers to become acclimated to their school setting. On Sept. 13 all students will attend from 7:45 a.m. - 2:15 p.m.

Orientation Day

Parents and students in grades 1-5 are invited to orientation day, the first day of school on Sept. 7 with dismissal at 11 a.m. Please meet at the school bus loop at 7:30 a.m. Dismissal to classrooms will occur at 7:55 a.m. New parents' orientation will take place at 8:30 a.m. in the multipurpose room building 220. Please be sure that you have gone to Bus Transportation 624-3244 prior to the first day of school to address your transportation needs. Lunch tickets may be bought through NEX. Class lists will be posted at the school, community areas and housing on Friday, September 3.

School supply donation

The NAS Sigonella First Class Association is collecting school supplies from DODDS students. Contributors may place donations in the collection box located inside the entrance of the commissary. Donations of pens, pencils, markers, glue, paper, construction paper, highlighters, scissors and index cards are welcome.

Clarification

In the Aug. 20 article titled "DoDDS members earn master's degrees," it was clarified that the master's degrees were sponsored by the Overseas' Federation Of Teachers Union and is a program only available for DoDDS teachers who are members of the union. They were awarded by Framingham State College from Massachusetts.

TRIVIA

Q: Which of the following countries failed to win any gold medals in their own Olympic Games: Mexico in 1968, Finland in 1952, Greece in 1896, Canada in 1976?

Q: True or False: Harry Houdini piloted the first successful airplane flight in Australia.

Q: The study of the structure of words is known as what?

Q: What name refers to one of the most ancient and successful of predatory fish?

Q: Which Pope commissioned the painting of the ceiling of the Sistine Chapel: Pope Clement IV, Pope Julius II, Pope Innocent II, Pope Julius I?

(Answers on page 11)

Movie Connection

AMC's Theater Schedule

Friday, Aug. 27



6 p.m.
King Arthur
(PG-13)**



8:30 p.m.
Collateral
(PG-13)**



11 p.m.
Dodgeball
(PG-13)

Saturday, Aug. 28



6 p.m.
Catwoman
(PG-13)



8:30 p.m.
Anchorman
(PG-13)



11 p.m.
The Manchurian Candidate
(R)

Sunday, Aug. 29



1 p.m.
Two Brothers
(PG)



3:30 p.m.
King Arthur
(PG-13)



6 p.m.
Collateral
(R)

Monday, Aug. 30



6 p.m.
The Bourne Supremacy
(PG-13)



8:30 p.m.
The Village
(PG-13)

Theater Closed Tuesdays

Wednesday, Sept. 1



6 p.m.
Dodgeball
(PG-13)*



8 p.m.
King Arthur
(PG-13)

Thursday, Sept. 2



6 p.m.
Catwoman
(PG-13)



8:30 p.m.
Collateral
(R)

Friday, Sept. 3



6 p.m.
The Notebook
(PG-13)



8:30 p.m.
Alien vs. Predator
(R)**



10:30 p.m.
I, Robot
(PG-13)

*** Future Re-release **Sneak Preview *Last Showing
(All times and movies are subject to change. For more information on the schedule, call the movie hotline at x4248)

Fil-Am gives to Navy Ball



Lt. Chris Martino receives lumpia from the Filipino-American Association (Fil-Am) president CEC (SEW) Nitto Rosal to help raise funds for the 2004 Navy Ball. Four Hundred pieces of lumpia were donated to the Navy Ball fundraising efforts.

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New program aims to help military spouses interested in teaching

By Samantha L. Quigley,
American Forces Press Service

WASHINGTON (NNS) — Spouses to Teachers, DoD's latest endeavor to assist military spouses interested in teaching, is serving a similar purpose as the popular Troops to Teachers (TTT) program, an official said.

DoD established Troops to Teachers in 1994, and responsibility for the program was recently transferred to the U.S. Department of Education. TTT was created to help recruit quality teachers for schools that serve low-income families throughout America, according to the Troops to Teachers Web site.

Michael Melo, director of a Spouses to Teachers pilot program in Virginia, explained that TTT laid the groundwork for STT in providing individual state information. Melo is also the director of Virginia's TTT program.

STT is currently a pilot program in six states: California, Colorado, Florida, Georgia, Texas and Virginia. The program was prompted by military spouses who were already teachers or interested in teaching, but were facing difficulties finding certification requirements and job information when they moved, Gary Woods, acting director of DoD educational opportunities, said.

Melo and Woods said the program would offer information, counseling and guidance to eligible, interested individuals. Initially, eligibility is limited to those with a bachelor's degree who are spouses of active-duty service members and members of the Selected Reserve or Individual Ready Reserve on extended duty.

It will also offer limited financial assistance to help defray the costs of meeting state certification requirements in the pilot states.

On the future STT Web site and in offices that will be handling the program, the goal is to provide information on teacher-certification requirements within a state, what kinds of jobs are available, and what kind of reciprocity exists between the system they're currently teaching in and systems they may potentially be transferring into, Woods said.

These sources also aim to make spouses aware of additional course requirements for certification or credentialing within the new state, and make sure spouses know where they can turn for potential financial assistance in order to pursue those courses.

Because of that established network, the Virginia STT office is able to help transferring spouses become aware of how they may need to augment their certification, as certifications are not always accepted in a different school system, Melo said.

"Because of the network we have from Troops to Teachers with the Department of Education, with the school districts, with the colleges, we're able to provide that information that the spouses need on what they need to do to be certified in a particular state," Melo said. "If it has reciprocity, there are always intricate little details that it doesn't necessarily transfer over completely."

Even before the Web site has been posted, the response has been positive, Melo said. "We're actually surprised at the number of phone calls we've already received."

Already, four spouses are in the Virginia pilot program, and one has entered an academic program that will lead to licensure.

While the program serves spouses interested in teaching, it also helps ease the burden of a national teacher shortage. The benefits, however, are not limited to the schools that stand to get quality teachers out of the program. The students reap rewards, as well.

Like the former troops who take up chalk and eraser, military spouses bring some of the same skills to the classroom.

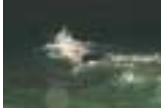
"The military spouse has a variety of life experiences that they've gained as a military spouse," Melo said. "So when they come into the classroom, they bring those same experiences so they can impart those life experiences in the learning process of the students."

Military families can come out ahead, too. Woods said this provides an opportunity for a spouse to pursue a degree and a career that will provide the family a better income over time. "One of the things that we're primarily interested in right now is providing access to careers for spouses that will enhance the family bottom line," he said.

Melo and Woods agree that the national TTT Web site is the best source of information right now. A Spouses to Teachers Web page is being established with a projected start date of Sept. 1. It will link from the national TTT site.

SPORTS

Navy SEAL swims from France to England



Lt. Cmdr. John Doolittle dives into the English Channel August 6, 2004.

By JO2 Denise Alford
AFN Sigonella

"It was like swimming in a washing machine," said Lt. Cmdr. John Doolittle of his 12-hour, 36.6-mile swim across the English channel. Doolittle completed the swim around 4 p.m. August sixth and was welcomed to shore by cheers from his wife and two children.

Doolittle is the first Navy SEAL to swim the English Channel. In addition to accomplishing a personal goal, the motivation behind the swim was two-fold. Doolittle swam in memory of fallen SEAL teammate Petty Officer Neil Roberts who was killed during combat in Afghanistan in March 2002. The swim was also a fundraiser for the Naval Special Warfare foundation, a non-profit organization designed to help members and their families of the Naval Special Warfare community.

Doolittle, currently a student at the Naval Postgraduate school in Monterey, Calif., began training a year ago by swimming an average of four hours a day. According to Doolittle, cold-water swimming was a crucial part of training, but gaining weight was also important to the success of the swim. A steady diet of pizza, spaghetti and other carbohydrates

added 25 pounds of solid fat to his frame and tripled his grocery bill, according to Doolittle.

Doolittle swam a few practice swims in the Dover Harbor before the actual swim.

His biggest concern was not the actual swim or the temperature of the water, but the weather, "they get a lot of strong winds through the channel," said Doolittle. Moments before the swim, Doolittle read a letter from Neil Roberts' mother and used that as his key source of inspiration.

The morning of the swim met Doolittle with a light rain. Starting from Shakespeare's Beach at 3:30 a.m., the skies cleared and all was calm, at least for the first five hours. During the last seven hours of the swim the wind picked up and with it the current grew stronger, making swimming more difficult.

Doolittle maintained his energy throughout the twelve hour swim by snacking on gel packs and drinking carbohydrate beverages tied to strings and tossed out to him by his dad, John Doolittle Sr., who accompanied him throughout the swim on the pilot boat.

The English Channel is 21 miles across, but due to the current, swimmers take an "S" shaped route which adds an additional 15 miles to the swim. Doolittle's final stop on the journey from England to France was at the White Horse Pub, a pub famous among channel swimmers. It's where they go to mark their completion of this historic feat. Now, future channel swimmers and pub visitors can look among the signatures and read "In memory of Neil Roberts, John



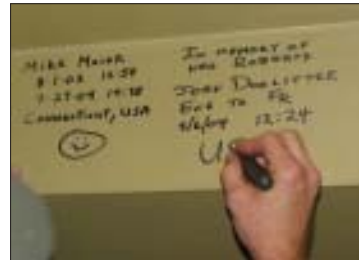
Doolittle prepares himself for his long swim across the English Channel.

Doolittle August 6, 2004 12 hours, 24 minutes."

When asked about last thoughts on the swim Doolittle replied, "I honestly thought it was gonna be a little easier than this."



Doolittle leaves his mark on the walls of the White Horse Pub in Dover where successful English Channel swimmers have been signing for decades.



Doolittle leaves his mark next to others who have swam the channel.

The Lane

Free Volleyball Clinic

Pick up fundamental skills and strategies and gear up for MWR Intramural Fall Volleyball. Starts Sept. 13 and runs through Sept. 17, from 5 to 6:30 p.m. each day at the NAS 1 Gym. Call 624-3785 for more information.

Intramural Flag Football

The season starts Sept. 20 at the Maranal Field. There will be a coaches meeting on Sept. 8 at 5 p.m. at the NAS II Gym. Rosters will be due at the meeting. Gear up for a serious challenge on the gridiron. Call 624-3785 for more information.

Football referees needed

Referees are needed for the upcoming high school/flag football season.

High school begins on Sept. 17, if interested please contact AZI Pickens at 624-5699/6564 or 624-1303 and at pickensm@nassig.sicily.navy.mil.

Biathlon/ Triathlon

Sept. 18 at the NAS II Pool. Get ready to sweat as you compete with some of Sig's fittest. T-shirts and awards will be given. Sign up at NAS 1 Fitness Center or Take 5.



Naval Hospital Sigonella changes master chiefs

Story and Photos by JOC Linda Brinkley
Staff Writer

In a time-honored Navy tradition, Naval Hospital Sigonella's Command Master Chief (CMDCM) Elizabeth O'Brien transferred the colors to Master Chief

(MC) Donald Eddeleman in a Change of Charge ceremony on August 18.

A Change of Charge ceremony symbolizes the transfer of responsibility, authority and accountability from the outgoing Command Master Chief to the

incoming Command Master Chief.

O'Brien was described by Capt. D. E. Garner, Commanding Officer, as a strong advocate for the command's Sailors and had represented them and their families exceptionally well. He said, "Her contributions have been significant and they have been instrumental in the command's mission achievement in this critical period in support of Operations Iraqi Freedom and Enduring Freedom."

O'Brien said the ceremony was a sweet sorrow for her because of the people. "It's not the ship or the command that makes it float or the mission successful. It's the people who makes the ship float and that's its success. So it has been true for me at Naval Hospital Sigonella."

O'Brien said her greatest challenge as Naval Hospital's CMDCM was to learn the real issues the junior enlisted had and be able to do something positive about them that made a difference. She said, "My greatest reward was seeing the advancement go sky high. I have been so tickled about that."

O'Brien's next assignment is to the Senior Enlisted Academy Newport, RI, where she will be an instructor. "I'm going to be on staff, showing other MCs what they can do to be a good CMDCM."

Garner also welcomed MC Eddeleman to the command. "We are delighted to have you as part of our command family," said Garner. "I know that you are prepared for the challenge, excited about the opportunity and that you're eager to begin the journey and will serve our command and our Sailors well."

Eddeleman took the podium and gave a special recognition to the 2004 Chief Petty Officer Selects and encouraged them to keep going. He told them, "Learn from your elders, always remember where you came from because the second you forget, someone will remind you that you

didn't make it on your own and you're not going to make it on your own in the future. Find out your mentor, learn from them, pass on to your junior troops what you've learned from your mentor and that's how you'll be a success."

"The reputation of Naval Hospital Sigonella is well known throughout the fleet. You do good work, be proud of yourselves," said Eddeleman. "I am excited about the opportunity to be part of this command."



Naval Hospital Sigonella's newest Command Master Chief, Donald E. Eddeleman, addresses the audience at the Change of Charge ceremony.



Naval Hospital Sigonella's outgoing Command Master Chief, Elizabeth O'Brien pins incoming Command Master Chief Donald Eddeleman.





Housing from page 1

the damage or have it repaired up to the unit condition at the time of that resident's initial occupancy of the unit. In many cases, the easiest way to do this is to simply have the contractor responsible for that particular housing area make the repair. Many of the charges for these repairs seem high and in fact are when compared to you simply going down to the local hardware store and doing your own home improvement job.

However, whenever the contractor makes the repair, the price includes not only the material but also the direct labor and small overhead supervision cost. You are paying for the entire cost experienced by the contractor to make that repair. All of these individual repair costs are fixed and have been negotiated up front on each of the leases for our various housing areas.

The determination as to whether a repair is due to damage or wear and tear is made by personnel (housing inspectors and contract quality assurance evaluators) on site and in your presence. This determination is never made by contractor personnel. We are currently addressing the issues of hardware quality and sources for light-bulb replacement with the contractor.

Q: Can HVAC filters be replaced and/or maintained more frequently?

A: Currently, filters are serviced every six months by the contractor. Our experience has been that this schedule is successful for sufficiently maintaining all individual unit HVAC systems. In fact, it's a much more aggressive schedule than most people use on their homes in the U.S.

If you have documented health circumstances which would require a different service schedule than the current one in place, please let your site housing representative know and we'll do our best to work out a plan that fits your needs.

Q: When will the 205 Housing bottled water distribution be changed to a per person allotment instead of a flat per unit allotment which doesn't recognize a different drinking water need based on family size?

A: The bottled water distribution will be based on a 1.5 liter per person per day amount effective the last week in August.

Distribution will be changed based on family size to the following:

- 2 people - 42 liters every two weeks
- 3 people - 63 liters every two weeks
- 4 people - 84 liters every two weeks
- 5 people - 105 liters every two weeks
- 6 people - 126 liters every two weeks

Q: I lost the power in my 205 Housing unit and was told that repair of this is not considered an emergency trouble call. Is this true?

A: This is absolutely not true! If you've lost power in your unit, this should always be treated by the contractor as an emergency trouble call. We will certainly ensure that the contractor is clear on this issue. If you are given this answer as a reason for non-response, take your complaint to the next level (housing office, chain of command, etc).

Q: What can be done about the insect problem in 205 Housing?

A: We are very aware of this specific problem and are concentrating the efforts of our pest control contractor on the 205 Housing problems. Unfortunately, the structural age of

these units presents a more difficult challenge in ridding you of these pests. So, the problem is not as easily or quickly solved as it is with newer structures. Nevertheless, we are aggressively pursuing fixing this particular situation.

Q: How come we are not allowed to set-up swimming pools sold by the exchange in our back yard?

A: Swimming pools have only been authorized when they are small wading pools not to exceed six feet in diameter. With the ongoing issues regarding water conservation we are looking at amending the policy for next year to allow pools of larger size with some strict guidelines that will need to be followed for safety and conservation reasons.

This will still not include hot tubs as they are very high in energy consumption and will not be allowed. Anyone wishing to have one of these pools will need to come in to housing with a request and sign a document acknowledging the guidelines and responsibilities prior to installing.

Q: Can I paint my unit a different color or use enamel paint so it is easier to clean?

A: If you paint your unit a different color it must be restored to its original color prior to moving out or there could be a charge to you if it is a difficult color to restore to white. Enamel paint is never allowed due to the type of construction of these units. Enamel paint locks in the moisture and causes problems with moisture and mold.

There would be a cost incurred by the resident to have the enamel paint sanded off of the walls to restore them to their original condition.

Vote from page 3

"We want to bring to light the availability of services provided to assist military members and their family members," the spokesman said.

Chu said a good source of information is the Web site of the Federal Voting Assistance Program (FVAP). The site includes links to absentee voting rules for all states and jurisdictions.

From this site, potential voters can fill out and submit an online version of the Federal Post Card Application, which allows individuals to register to vote or request an absentee ballot from nearly all U.S. jurisdictions.

Finally, Chu said, people should be aware they can use a Federal Write-in Absentee Ballot to vote in congressional and presidential elections if they don't receive their absentee ballots in time. Information on using this form is also available on the FVAPWeb site.

"You can (use this form) if you're a registered voter," Chu said. "And that is one of your last-ditch options."

Trivia Answers

- 1) Canada in 1976
- 2) True
- 3) Morphology
- 4) Shark
- 5) Pope Julius II



ENC (EOD) Brian Gawlic shows HMC (DSW/FMF/PJ)(Sel.) John Harris and OSC (Sel.) Wayne Shelton the belt and buckle they will wear as chief petty officers in the Naval Air Station Sigonella NEX uniform shop.

Selects from page 1

who she says put her where she is today. "My people are the ones that put me here," she said. "If you take care of your people, your people will take care of you."

Although this has been a goal of Patrocky's for such a long time, this is just a stop in the road with much work to be done. "This is one goal that will assist me in reaching the next." Finding out that you make chief can relieve an enormous amount of pressure, but it brings more responsibilities. "When I found out I made chief, I felt this tremendous weight taken off my shoulders and yet another weight put back on because I have a different set of responsibilities and expectations," said Patrocky.

After only six years, MAC (Sel.) Stephen Pakola is excited to not only pin on the anchors, but to take on the added responsibility as well.



PHOTOGRAPH BY JASON WILSON

MAC (Sel.) Stephen Pakola



On making chief in six years: "Becoming a chief has always been a goal of mine, but since I reached it a lot quicker than I had expected, it is time to reevaluate where I want to go with my life and hit it head on, accomplishing one goal after another."

On being a role model: "I want junior Sailors to see what I have accomplished and say to themselves, 'I can do that as well.'"



PHOTOGRAPH BY JASON WILSON

Chief selectees gather at the NAS II tennis courts for morning PT.





Photo by AZS Sherry Weaver

The chief selectees learn about the Chief Petty Officer Association (CPOA) during a classroom session of the Chief Petty Officer Indocrination. This is an integral part of the overall process as it allows seasoned chiefs an opportunity to provide their students tools to help shape future service expectations.

Pakola states that this has been a long-term dream of his even though he accomplished this in a short period of time. "Becoming a chief has always been a goal of mine, but since I reached it a lot quicker than I had expected, it is time to reevaluate where I want to go with my life and hit it head on, accomplishing one goal after another," said Pakola.

Pakola said that through his ongoing experience and knowledge, he could instill in his junior Sailors the belief they can do anything they want to, if they put their mind to it. "I want junior Sailors to see what I have accomplished and say to themselves, 'I can do that as well,'" said Pakola.

MAC (Sel.) Andrew Kidd is the only reservist here making the transition to Chief Petty Officer. He has always looked up to chiefs and now that he is becoming one, he is looking forward to his increased leadership role. "With this added responsibility I see my role as a mentor, developing junior Sailors," said Kidd. Kidd admits that the key to making chief was the fact that a few chiefs saw potential in him and helped develop his abilities. Kidd plans to use this to his advantage by taking the extra



Photo by AZS Sherry Weaver

MAC (Sel.) Joe Allen and ABEC (AW) Brad Marshall check out the selection of khaki pants in the NEX uniform shop on NAS II.

time and recognizing the potential in his junior Sailors.

These Sailors will not make the transition unprepared. According to Evangelista, the Chief Petty Officer Indocrination is an integral part of the overall process as it allows seasoned chiefs

an opportunity to provide their students, in a classroom setting, those tools that will help shape future service expectations. "This will result in a more self-confident cadre of professional Sailors who serve as integral members of our Navy's combat team."



AEC (Sel.) Lisa Patrocky

On taking care of Sailors: "My people are the ones that put me here...If you take care of your people, your people will take care of you."

On making chief petty officer: "This is one goal that will assist me in reaching the next."

On added responsibilities: "When I found out I made chief, I felt this tremendous weight taken off my shoulders and yet another weight put back on because I have a different set of responsibilities and expectations."



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Wanting to take a vacation but you have no place to leave your pet? Book your Pet-Sitter today. Call 347-791-1051.

Need a Babysitter? Experienced with children. Will come to Marinai, Motta or 205. Mon to Fri. Some weekends too. FMI 333-428-1760.

Mountain Bike. Disk Brakes, 21 gear, 2004 Carbon frame. Call 338-356-5580.

Now offering wireless network setup. Share your files, folders, printers, and even your high-speed internet connection between two or more computers without any wires. For more information call 624-0124 after 5 p.m. or 349-8618735 anytime.

For rent: 3 Bedroom, 2 Baths, Central Heat, A/C, in Camporeotondo. Call 095-520385 or 339-521-4200.

Automotive

1989 Ford Mustang Notchback 4 cylinder, 5 speed, cold A/C, CD player, cruise, power steering, power door locks, pony rims. Also have 5.0 parts for conversion. Call Chief Jones Home-0203, Work-6648.

2001 Ford KA. White, 2dr, 5 speed, power windows, A/C, dual airbags, AM/FM/CD player, new tires. Excellent

condition, great gas mileage. Purchased new, dealer maintained. \$6500.00. See at NEPMU-7 NASII. Call Kim at 348-748-5241 or 624-9251 (leave a message).

2002 Ford Taurus station wagon for \$13,000. Metallic charcoal gray in exceptional condition with only 14k miles. Loaded with safety, sport and comfort packages. Vehicle has 5-star safety rating and includes flat folding rear facing bench seat. Offers 3 point safety belts for 8 occupants. Call 624-2821 or x1207.

2001 Suzuki Marauder U.S. specs, 805cc. Only 4800 miles, windshield, passenger seat, back rest, Cobra pipes, saddle bags, lots of chrome, adj susp, full cover, looks/sounds like HD. Showroom condition, runs perfect! \$4850 O.B.O. Call home: x1283 (before 9pm) or cell: 335-578-9322.

2000 Chevrolet Cavalier, silver, 4 doors, 72,000 miles, automatic transmission, AM/FM radio, new brakes, good condition. MUST SELL!! Asking \$8,300 O.B.O. (price negotiable) For more info contact Jon at 340-4790772 or e-mail me at jon120283@yahoo.com

2002 Honda Saber motorcycle. 1100 cc twin cylinder, shaft drive, water cooled. Looks like a Fat Boy. Has additional driving lights installed. Also has a set of pipes, and K&N air cleaner too. Everything you need to ride is included. Asking \$6,800.00. Call 624-1526.

Cinquecento, white, almost brand new engine in excellent condition, red leather interior. Call me at 095-307256.

2003 Harley Davidson Sportster, anniversary edition, black and silver. Custom work done, excellent condition, must see!! Selling for only \$7000. Call x1553 (home) or 339-3855994 (cell).

1995 ALPHA ROMEO 145 1.6l. Engine, 5 speed, PW, A/C, CD changer, new tires, new battery and alternator. Car is in good shape and has been taken care of very well. Asking \$3000. For more information contact AE2 Crago x0678 (home) x2554 (work) or cell 340-1223118.

1986 VW Golf. Looking for a convertible? Well you're in luck, we are leaving and we have to part with ours. We have a 1986 Volkswagen Golf, it's not fancy, but it is great transportation. It is white with a black, soft top. It will be available September 17th. We are asking \$1,000 O.B.O. Please call with any questions x3681, or 338-2020559.

1991 VW Jetta 1.8 GL, cover-plated, A/C, midnight blue/black. Powerful engine is great on hills and handles better than today's rental cars. Needs tune-up and willing to deduct

1993 MG Rover Convertible, excellent condition, strong motor, CD changer. Asking \$4200 O.B.O. Call Larry at 333-5014491 or at home 624-0679.

1990 Alfa Romeo America 1.8 Liter Turbo, 1.5 bar turbo boost CD, AM/FM radio, asking \$4500 O.B.O. Call Larry at 333-5014491 or at Home 624-0679.

1987 Lancia Thema. Great island car driven daily from Mineo to NAS II. Like any other old car, it has minor things that need to be fixed. Runs great, current safety inspection, available September 1, asking \$1000 O.B.O. for info contact Rick at 624-0339 or 335-5909240.

1993 Chevy Corsica, 4 Cyl. great on gas, 4 doors, very cold A/C with only 50,000 original miles, \$2,300. Please call 624-0174 (home) or 624-5909 (work).

1999 Honda Civic, silver, 4-Door sedan, 71,000 miles, good condition, power windows, power steering, A/C, cruise control, dual airbags, asking \$6,000 O.B.O. Call 335-8250265 or 624-5966.

1997 Honda Civic 141S 90HP. Manual transmission, A/C, AM/FM stereo. For sale \$6000 O.B.O. Call Sergio DSN: 624-4700 int.13 (0730 - 1600) / Cell 329-1628645 (after 1600).

1990 Lancia Thema 2000cc, 16 valve. Color blue, general good condition, new tires, A/C. Asking 1,900.00 Euro. Call Maria at x5781 or x6877.

1992 BMW 318 IS, 5 Speed, power windows, sunroof, rebuilt engine Feb 04, new brake pads and rotors, new tires front, rear tires less than a year old. Looks and runs good inside and out. Available after Sep 15th. Asking \$2,000 O.B.O. Call AM1 Smith 338-9245366 or X-2554.

1991 Honda Civic 1.6i, 16 Valve, red, 2 door, power windows, power sunroof, 12-disc CD changer. Runs great! Fun car to drive! \$2,200 O.B.O. Call daytime 624-6880 and nights 624-3726.

1989 BMW 318i white, four doors, A/C, power locks and windows, very good condition. Asking Euro 3500. For more info call Dante at 624-6041 or 347-7252937.

1999 Ford Escort, 4 door, 80k miles, US specs, cover plated, automatic transmission, good air conditioner, nearly new tires, new brakes, large trunk, gets 300 liters in gas coupons. Runs great! Must sell. PCSing early September. Please call 333-8565070 or 335-5788157 after

Aug 30th. Asking \$4500 O.B.O. Available immediately.

1995 Lancia K, in great shape, metallic green, fully loaded 2000cc engine. Asking \$2550. Call me on my cell 338-2185499 ask for Joseph.

1995 Fiat Punto SX. Great reliable car, blue, 4-Door. New Paint job, clutch, shocks, brake pads and rotors. 12-Disc CD changer. No AC. Owner transferred. Safety inspected. Ready to sell now. Asking \$2800. Negotiable. Call Jack 624-6053 (work) 624-0231 (home) 338-5427825 (cell).

1997 Ford Explorer XLT, 4 door, fully loaded, leather, A/C, all power, cassette/CD player (six CD changer). Excellent condition. Asking for \$9000 OBO. Call 624-5311.

1997 Fiat Marec, 4 door, A/C, great car for driving into Catania and throughout Sicily. Asking for \$4000 OBO. Call 624-5311.

2002 Peugeot 206, 49,000 km, 5 speed standard transmission, A/C, stereo w/ cassette deck, dark blue body, tinted windows, seats 5 with shoulder belts in all rear seat positions, dual front airbags, excellent condition, maintenance record available. Call [W] 095-869232 [H] 095-564501.

1990 Volvo 460, grey in color for sale. Will be available 2nd week of September. 2 new tires, 1-year-old alternator, 3-month-old transmission and clutch. New speakers. A few dents and dings, but doesn't affect the car's performance. Asking \$1050. Call Bailey @ X6308 or 338-6241072.

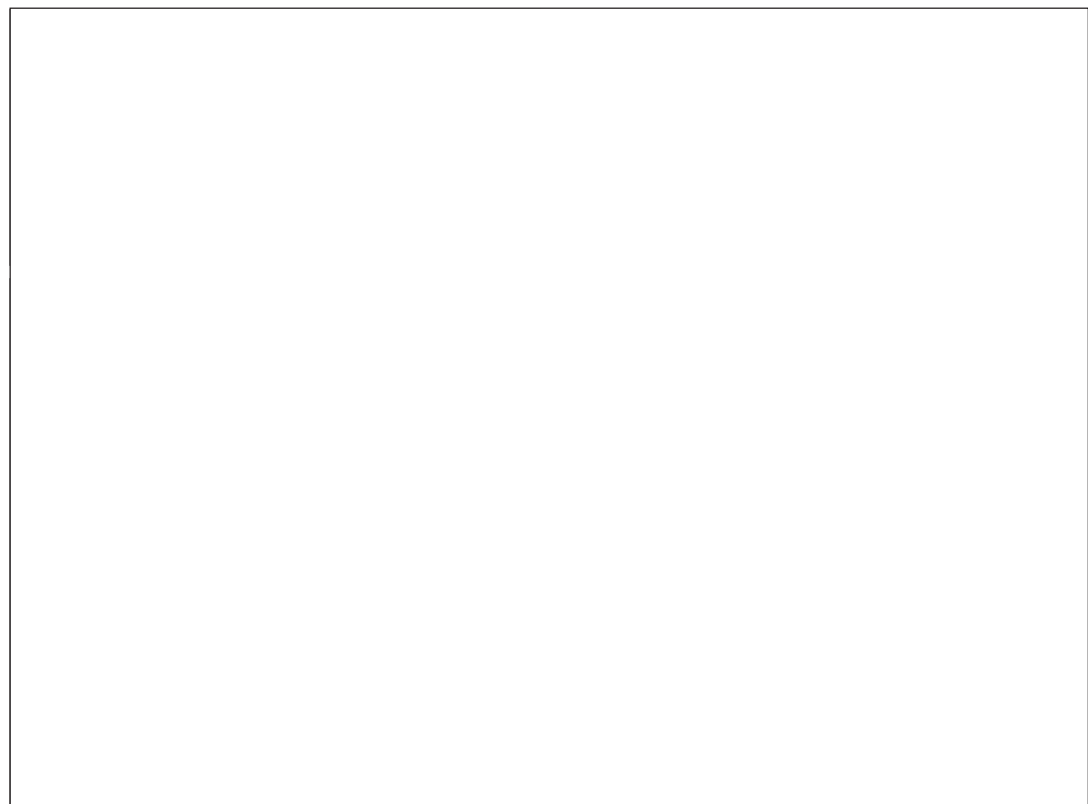
1988 Maserati, white with black leather interior. \$2500 O.B.O. Call Rob at 624-5580/0624 or 338-2406338.

1991 Lancia Y10, APT plates, excellent condition, automatic, stereo. Available September 27, sooner if necessary. Asking \$1500 O.B.O. Call Serge at: 624-5967 (work) or 348-5112865 (cell).

Pets

A bowling ball with legs. She's fluffy, looks like a lioness, name is Nala - she needs a home. She loves to eat, lay around, and take walks outside. Shots, chip, spayed. No cost. Call 335-701-6841.

Moe and Boo, 2 year old brother and sister Sicilian shepherds. Shots, chips and fixed. Semi trained. Crate trained. Hand raised. Medium-sized. Adopt as a pair only. Very attached to each other. No cost to you. Call 335-701-6841.





Send Il Mercato advertisements to sigosignature@yahoo.com

Annie, the orphan. Beautiful calico female cat. Shots, chip and spayed. No cost to you. Gentle and friendly. Best as an only cat. Clean, healthy, hangs around with you, no bad habits. Call 335-701-6841.

Free to a good home. 9-month old black Labrador with white crest on chest and paws. All shots up to date, comes with kennel. Playful, affectionate, not aggressive and loves children. Well taken care of but cannot take with me during transfer. Please call 335-6817831 or 095-306527.

Peppy, loving male brindle is looking for an attentive and nice owner. He is great with kids and loves to jog. He comes with a kennel that he sleeps in at night. Chipped and neutered. Call or e-mail for a picture. sigityupperware@yahoo.com or 095-86-1343.

Free to a good home. 13-month-old medium sized female black cat. All shots up to date as well as spayed and chipped. Can be indoor and/or outdoor cat and doesn't mind flea collar. Contact Kevin at 3406721727.

Free: 3 cute kittens. One is a black and white female and the other two are orange and white, one male and one female. They are about 2 months of age. For more info call Virginia at 340-5999562.

For Sale

Huffy "Stalker FS" bicycle, 18 speed, like new condition. \$75. Call Nelson at 624-3651.

PC'Sing! Big Graco baby stroller, \$20.00; Sony digital camera 110V, \$50.00; toaster 220V, \$5.00; 35mm Nikon camera bought in 2002 for \$120.00, selling for \$40.00; nice clean electric razor 220V w/ case, \$10.00; floor lamp 220V, \$5.00; 220V iron, \$5.00. If interested please e-mail Jason at bethanybear@yahoo.com.

Textbooks for sale. Social Psychology 221, \$35.00. IFSM 201, \$38.00. Soft covers are bent from wear and tear. They have been used for one semester. They are listed for half the price to buy new. I have checked and they are being used by Maryland for the current semester. Call Tiffany at 624-0343. Leave a message and I will return your call.

Professional scuba equipment for \$350: Oceanic Nemo 1000 BC, Technisub hooded 5mm suit (54/55) and weight belt, Mares booties, scubapro MK14 regulator and Sprio octopus, oceanic depth gauge, oceanic glo data 100 wrist dive computer, mares avanti quattro force fins, mares scuba bag, and various other equipment. Call x2821 or x1207.

Ashley green sofa sleeper and love seat, both with matching decor pillows, excellent condition, \$600 O.B.O.; entertainment center, \$50; computer desk, \$50. Please call 624-3563 ask for John or Angela.

Moving sale! Black and gray sofa and loveseat, good condition, \$250; 2 space heaters, \$10 each. Misc. extension cords and plug adapters, \$10 for the whole bag; AFN decoder, \$400. Call x1553 (home) or 339-3855994 (cell).

Home entertainment items for sale: 29" Hitachi TV, Full multi-system, \$300; Samsung DVD/VCD/CD/MP3 player, dual voltage, \$60; JVC VCR, dual voltage, \$60; Panasonic portable stereo system, AM/FM, cassette, CD, dual voltage, \$40. Have original boxes and manuals for all items. Call Jerry Norton (W)624-6579 (H) 624-7088.

Nokia cell phone for sale. Car charger included. \$50. Please call x3681 or 338-2020559 ask for Lee.

PCS sale: Italian bedroom set \$200 (giant wardrobe, queen bed, and dresser), 220v bombola heater w/ fan \$40, 220v electric heater w/ dual adjustable fans \$60 (paid 120 euro and barely used), Noah's ark play pen/changing table/bassinet set like new \$50 (as seen at NEX). Contact Kevin at 340-6721727.

2 large ceramic Italian vases and 'Seduca' ceramic stand and column, \$20 each. 4 kitchen cabinets, \$40. Microwave and table, \$30 each or \$50 for both. Bombola stove w/ oven and college size fridge, \$50 each. Small kitchen table w/ 2 chairs, \$40. 2 night stands, dresser w/ mirror black w/ gold trim, \$50. Wardrobe, \$50. Auchan desk, \$80. Blue sofa set, \$50. Contact Rob at 339-2681297 or X5357.

Fisher Price 3-level garage with cars, \$30; tricycle 1-2-3 step, \$20; Graco duo glider tandem stroller, car seat compatible, reclining seats, \$90; single stroller, \$50; Graco high chair, 2 trays, 3 reclines, 6 heights, \$65. Call 624-0279.

Student desk for \$20. Call 624-1485.

PCS sale: 1—7'x12' Rose colored rug, 4—5'x7' tweed throw rugs, 1—5'x7' wool rug—all for \$50. Compaq MV720 monitor and keyboard with CD-RW drive Compaq Presario 7478, \$600. Call 095-802305.

Bicycle trailer that can fit 2 children and/or up to 100 lbs. and attaches easily to your bike. It's a Wike brand trailer - known for their safety and durability - trailer will not roll if your bike tips. Selling for \$200. Please call 624-1396.

Weber gas BBQ grill with cover, \$100. Only a few years old. All you need is a bombola/gas tank. Please call 624-1396.

Light beige-colored recliner. Only a few years old. Leather-like material is a little worn, but the chair itself is great. For \$20, it's yours! Please call 624-1396.

AFN decoder for sale, \$425. Please contact Mary at 095-601443.

2 solid wood toddler beds in perfect condition with mattresses, asking \$50 each O.B.O. 1 double stroller, only 1 month old asking \$70 O.B.O., bought at the exchange and it didn't suit my needs. Please contact Katrina or Carl at 095-861227 or 624-1227.

Men's BDU's, new and used, size medium, half price of new, \$10.00 used. Also, Air Force Blues and Stripes. Call 335-8314765.

Window A/C unit, 120V, 7000 BTU, like new, \$70.00; 220V dehumidifier, used few times for baby's room, cost 300 euro but will sell for 100 euro; glass and oak dining table with 4

chairs and lamp, like new, \$400. Call Joe at x5290 or 095-7275387 (home).

2 solid wood toddler beds and mattresses, \$50 apiece O.B.O.; 1 fisher price comfort lite double stroller, \$70 (purchased at the exchange for \$100 1 month ago); 1 bassinet, \$30; 1 baby swing, needs new motor, 3 years old, paid \$100 new, would like \$20 O.B.O. Call 624-1227 if interested.

29" Sony Trinitron multi-system TV, \$400; Entertainment Center, \$50 (\$400.00 for both); AFN Decoder, \$400; 2 (1000VA) voltage converter, gold, \$40 each; 2 (1000VA) voltage converter, blue, \$45 each. Call 335-6817831.

AFN Decoder w/remote, \$400.00; Italian washer/dryer, \$380.00; 2500 watt transformer, \$50.00. Call X6595 daytime or 320-4973637 after 4:00 p.m. Ask for Freddie.

Laptop, P4 2.8, 512MB Ram, 80GB HD, 15" SXGA, DVD/CD-RW combo drive - \$1000. 6 month old Sapphire Radeon 9800XT 256MB graphic card with FREE HalfLife 2 coupon - \$175. Contact Jeff at 347-512-1299.

Wanted

Seeking anyone with the technology to change vinyl albums into CD's or looking to buy a record player. Call Deuce at 335-261-695 or x1442.

Computer wanted. Are you making an up-grade and don't know what to do with the old stuff? Call me, will pick-up free of charge. Please call 338-2735683.

Seeking a nanny/babysitter to come to my housing unit in Marinal to take care of my 18 month old boy and eventually a baby that is due to arrive two months from now. Services will be required 15 days out of the month including some weekends. Care would be required for approximately 13 hours each day. Only serious inquiries should respond. Call Dora 624-1505 (home) or 624-5915 (work).

Yard Sale

Yard Sale in Marinal Housing on August 28, 2004 at 2003-D Bella Vista from 9:00 a.m. to 1:00 p.m. Baby clothing and shoes (Boys-infant to 2years of age).

Lost and Found

Found in Motta: adult tortoise shell cat with flashing collar. Help us find her home, the person it is registered to PCS'd and we cannot find its new parents. With any information or help please call IT2 Dave Lewis @ 339-7617038.

Lost: women's ironman watch and heart shaped diamond ring at the NAS II ball field on Wednesday, August 11th. Both have sentimental value only. Please call x6559, 095-309173, or 335-8271258.

Jobs

The US Naval Hospital, Sigonella, is soliciting for one full time personalized service contract for an ambulatory care registered nurse. Closing date has been extended to 27 Aug

04. Sources must be eligible for US employment and US board certified. Solicitation packages are available at the supply department, purchasing office, NAS II. Call Mr. Barbagallo at 624-5725 and Nellie Barone at 624-3791.

A position is available at Branch Dental Clinic Sigonella for contract full-time Dental Assistant. Applicants must be U.S. Citizen, sponsored by Active Duty member and Qualified Dental Assistant. For additional information Call DTC H. Pinks @ DSN 624-4205, Or Comm. 095-56-4205. Opened until filled.

Be part of a team committed to supporting the USN and your family! Navy Exchange Sigonella is currently looking for prospective associates to fill the following positions: Sales Clerk, Personalized Service Clerk, Sales Clerk Cashier. For more information, visit the Personnel Office on the second floor of the Main Navy Exchange, or contact Enzo Curcurato at 624-4276/4275.

MWR is hiring immediately, one Animal Health Aid and one Technician to Work at the Vet's office on NAS I—Apply at the MWR Main office at NAS II- 624-2560/2385.

HRO Ads

Protocol Officer, GS-0301-09, Office of the Commanding Officer, Protocol Office, Sigonella. Announcement SIG04-029103(R). Open Until Filled.

*** New 2004 Announcement* Education Aid/Technician**, GS-1702-03/04, MWR Department, Child Development Center NAS Sigonella. Announcement number SIG04-EDTECH. Open Continuous.

*** New 2004 Announcement* Recreation Aid, GS-189-03**, MWR Department, Recreation Services Division, Youth Activities Branch, Various Locations, NAS Sigonella. Announcement number SIG04-RECAID. Open Continuous.

Supervisory Recreation Specialist, GS-0188-07, MWR Department, Recreation Division, Sports and Athletics Branch, NAS Sigonella. Announcement number SIG04-028531 (RR). Open Until Filled.

Lead Recreation Assistant GS-0189-04/05, MWR Department, Community Activities Branch, Take 5 Recreation Center, NAS Sigonella. Announcement number SIG04-032228. Closes 31 August 2004.

Housing Manager, GS-1173-13, Housing Department, Sigonella. Announcement number SIG04-033052. Closes 09 September 2004.

Water Treatment Plant Operator, U/C-5409-07, Public Works Department, Operations Division, Utilities Branch, Water Treatment Plant Section, NAS Sigonella. Announcement Number L.N004-027784. Open Until Filled. Italian citizens only.

Dental Hygienist, UA-0682-05/04/03, U.S. Naval Dental Center Europe, Branch Dental Clinic Sigonella. Announcement number L.N004-031300. Open Until Filled. Italian citizens only.

